

Nottinghamshire, Lincolnshire and Derbyshire

Rugby Football Union Limited

CB/RDO Office at 24 Cartergate, Newark, Notts, NG24 1UB

Tel: 01636 640800 Email: [nldrfu@therfu.com](mailto:nldrfu@therfu.com)

Registered in England Company No. 4256407: VAT Registration Number 804 667 717

Registered Office: Maythorn House, High Street, Stapleford, Lincolnshire LN6 9LB



PRESIDENT

R (Bob) Smallwood

**Nottinghamshire, Lincolnshire and Derbyshire RFU  
Summer Residential Camp 2010  
Worksop College**

**Dear Parent,**

Running courses for U13 – U16's The NLD Summer Residential Camp, now in its fifteenth year, held at the prestigious Worksop College, offers players a chance to develop their rugby, make new friends but most of all have FUN! The camp is staffed by professional RFU level 2 and 3 coaches and includes an array of activities aimed at all abilities.

**Course 1 U13 (2 Day Course)**

**Monday 2 August – Tuesday 3 August 2010**

Registration for this course will be in the sports hall at 9.00am on Day 1 and will finish promptly on Day 2 at 5.00pm. The cost for the two days is £95 which includes lunch, evening meal and accommodation on Day 1 and breakfast and lunch on Day 2 as well as top quality coaching and activities.

**Course 2 U14 (3 Day Course)**

**Wednesday 4 August – Friday 6 August 2010**

**Course 3 U15 (3 Day Course)**

**Monday 9 August – Wednesday 11 August 2010**

**Course 4 U16 (3 Day Course)**

**Thursday 12 August – Saturday 14 August 2010**

Registration for the above courses will take place in the Sports Hall at 10.00am on Day 1 and will finish promptly on Day 3 at 4.00pm. The cost for the two days is £115 and which includes lunch, evening meal and accommodation on Day 1; breakfast, lunch, evening meal and accommodation on Day 2; breakfast and lunch on Day 3 as well as top quality coaching and activities.

Please return the attached Application Form and Cheque to Nicole Stokoe, 24 Cartergate, Newark, Notts, NG24 1UB no later than **Friday 4 June**. The cheque, made payable to **NLD RFU Ltd** will be cashed on the day of the course for administrative purposes. Once your application has been received and processed I will send you further joining instructions and directions to Worksop. **NB** All correspondence will be via email.

Due to substantially increased costs it is with regret that we have had to increase the price of courses this year and can no longer offer a T-Shirt as part of the package. However these will be available to order as a memento of the course if you so wish at an extra cost of £15. Please make sure that you complete the relevant section of the attached Application Form and include the added cost in your cheque.

Please do not hesitate to contact me on 01636 640800 or by email [nldrfu@therfu.com](mailto:nldrfu@therfu.com) if you have any queries.

Kind Regards

*Nicole Stokoe*

Nicole Stokoe  
Office Administrator